



RELEASE OF CONFIDENTIAL BEHAVIORAL HEALTH, ALCOHOL AND/OR DRUG TREATMENT RELATED INFORMATION

PATIENT (FIRST) (MIDDLE) (LAST) (MAIDEN OR OTHER NAMES USED)

DATE OF BIRTH (MONTH) (DAY) (YEAR) PHONE NUMBER

PATIENT ADDRESS

RELEASE TO/OBTAIN FROM (circle one)

Spectra Health
212 S 4th St Ste. 200
Grand Forks, ND 58201-4776

Medical/Dental PH# 701-757-2100
Medical Fax# 701-757-0305 Dental Fax# 701-757-2103

BHC - For Future Use or Verbal Consent Only.

RELEASE TO/OBTAIN FROM (circle one)

(Name of Health Care Provider/Plan/Other)
(Address)
(Phone Number) (Fax Number) (Email Address)

The information may be communicated in the following manner:
Verbal Written Electronic

The following information from the record of the above-named patient to be released (REL) or requested (REQ).

- REL/REQ Addiction Assessment Summary
REL/REQ Transfer/Discharge Summary
REL/REQ Psychiatric Evaluation
REL/REQ Psychological Evaluation
REL/REQ Psychological Testing
REL/REQ Progress Notes
REL/REQ Legal Status
REL/REQ Verification of Treatment
Other (Specify)
REL/REQ Physical Exam
REL/REQ Laboratory Tests
REL/REQ Summary of Visits
REL/REQ History of Alcohol/Drug Usage and Behavior
REL/REQ Treatment Date, Discharge Status, and Recommendations
REL/REQ Results of Addiction Evaluation and Recommendations

The information is necessary for:

- Diagnosis and Treatment
Follow up Treatment
Update Records
Family Involvement
Employment
Continuing Education
Collateral Information
Social Services Involvement or Insurance Investigation
Legal Proceeding
Other (Specify)

Spectra Health acknowledges that the provision of the services is not contingent upon the client's decision concerning the release of this information. This consent is subject to revocation at anytime except to the extent that the program which is to make the disclosure has already taken action in reliance on it. A copy of this release is as effective as the original. If not previously revoked, this consent will terminate upon: (Specific date, event, or condition)

Signature of Patient Date
Signature of Guardian, Parent or Authorized Representative Date
Witness Date

NOTICE TO WHOEVER DISCLOSURE IS MADE: This information has been disclosed to you from records protected by Federal confidentiality rules (42 CFR Part 2) and the Health Insurance Portability and Accountability Act of 1996 (HIPAA), 45 CFR, parts 160 and 164. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.

PATIENT STICKER HERE

Requested Provider: Sender Initials:
Date Sent: FAX/MAIL